



# The DOCTORS Center Wellness

*feel better...live better*

## **RELEASE FORM**

I, \_\_\_\_\_ hereby consent to the use of hormone replacement therapy. These therapies consist of estrogen, progesterone, testosterone, thyroid and human chorionic gonadotropin. The potential risk or benefit of these therapies has not been scientifically tested. Therefore, the absolute consequences, risks, advantages or disadvantages of using these therapies are unknown. There is at least one study that correlates testosterone and estradiol levels with breast and/or prostate cancer. The Women's Health Initiative correlated Provera, an artificial progesterone (Progestin) with stroke, breast cancer and myocardial infarction. The same study correlated Premarin, a horse estrogen with stroke and heart attack. It is possible that these therapies may cause cancer or other serious health risks. I entered this therapy at my own risk. I understand that my failure to comply with administration of these hormones or medications exactly as prescribed may produce additional risk to myself. I also understand that failure to monitor my levels and obtain regular checkups to maintain this therapy in the normal range also may produce risk or harm to myself. In signing this document, I hereby release Susan Frago, Ashley Garcia, Shannon Davis, Hugo Lopez, Elizabeth Mora, J. Keith Rose, Judy Thurman, Jermaine White, Heather Woodall, any and all of The DOCTORS Center Wellness providers and The DOCTORS Center Wellness itself of any liability in terms of my health. I have either discussed the risks and benefits of this therapy personally with Dr. Keith Rose or one of the above listed providers. I have foregone that choice voluntarily, understanding the potential consequences.

**ALL PAYMENTS ARE NON-REFUNDABLE & NON-TRANSFERABLE.**

\_\_\_\_\_  
(Print Name)

\_\_\_\_\_  
(Signature)

\_\_\_\_\_  
(Date)